



Altstadttrennen Höxter

Höxter / 02.05.2009

□□□□

Rokahr, Holger

□□: Springe

□□: 14

□□: 26.10 km

Rennen 4, Senioren I

□□□□:

Senioren I

□□□: 59:47

□□: 26.09 km/h

□□□□□/□□□: 5 (of 40)

□□□□□/□: 5 (of 39)

□□□□□□: 59:05

□□□□□: 5(of 39)

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□□□

| □□□ | □□ km | □□ □□ | □□ km/h | □□ - | □□ - | □□ □ | □□ □ | □□□ km | □□□ □□ | □□□ km/h | □□ - | □□ - | □□ □ | □□ □ |
|--------|----------|----------|------------|---------|---------|---------|---------|-----------|-----------|-------------|---------|---------|---------|---------|
| □□ 1 | 3.50 | 8:11 | 22.00 | 6 | 0:31 | 6 | 0:31 | 3.50 | 8:11 | 22.00 | 25 | | | 25 |
| □□ 2 | 2.90 | 6:31 | 18.41 | 2 | 0:05 | 2 | 0:05 | 6.40 | 14:42 | 24.49 | 22 | | | 22 |
| □□ 3 | 2.90 | 6:39 | 18.05 | 7 | 0:10 | 7 | 0:10 | 9.30 | 21:21 | 25.29 | 25 | | | 25 |
| □□ 4 | 2.90 | 6:48 | 17.65 | 4 | 0:17 | 4 | 0:17 | 12.20 | 28:09 | 25.58 | 25 | | | 25 |
| □□ 5 | 2.90 | 6:35 | 18.23 | 4 | 0:03 | 4 | 0:03 | 15.10 | 34:44 | 25.91 | 25 | | | 25 |
| □□ 6 | 2.90 | 6:36 | 18.18 | 4 | 0:04 | 4 | 0:04 | 18.00 | 41:20 | 26.13 | 25 | | | 25 |
| □□ 7 | 2.90 | 6:41 | 17.96 | 6 | 0:14 | 6 | 0:14 | 20.90 | 48:01 | 24.99 | 25 | | | 25 |
| □□ 8 | 2.90 | 6:36 | 18.18 | 2 | 0:01 | 2 | 0:01 | 23.80 | 54:37 | 25.27 | 25 | | | 25 |
| □□□ □□ | 2.30 | 5:10 | 23.23 | 3 | 0:04 | 3 | 0:04 | 26.10 | 59:47 | 26.09 | 5 | 0:42 | 5 | 0:42 |