



# Altstadttrennen Höxter

Höxter / 02.05.2009

□□□□

Köhler, Roland

□□: RC ENDSPURT HERFORD

□□: 72

□□: 26.10 km

Rennen 4, Senioren I

□□□□:

Senioren I

□□□: 1:05:48

□□: 23.71 km/h

□□□□□/□□□: 24 (of 40)

□□□□□/□: 23 (of 39)

□□□□□□: 59:05

□□□□□: 23(of 39)

□□□□□□□: 59:05

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
□□ 1	3.50	9:12	19.57	24	1:32	24	1:32	3.50	9:12	19.57	14	0:50	14	0:50
□□ 2	2.90	7:14	16.59	24	0:48	24	0:48	6.40	16:26	21.91	14	1:09	14	1:09
□□ 3	2.90	7:13	16.63	24	0:44	24	0:44	9.30	23:39	22.83	14	1:25	14	1:25
□□ 4	2.90	7:26	16.14	26	0:55	26	0:55	12.20	31:05	23.16	14	1:51	14	1:51
□□ 5	2.90	7:14	16.59	24	0:42	24	0:42	15.10	38:19	23.49	14	1:56	14	1:56
□□ 6	2.90	7:16	16.51	23	0:44	23	0:44	18.00	45:35	23.69	14	2:04	14	2:04
□□ 7	2.90	7:24	16.22	26	0:57	26	0:57	20.90	52:59	22.65	14	2:15	14	2:15
□□ 8	2.90	7:09	16.78	21	0:34	21	0:34	23.80	1:00:08	22.95	14	2:12	14	2:12
□□□ □□	2.30	5:40	21.18	22	0:34	22	0:34	26.10	1:05:48	23.71	23	6:43	23	6:43