



# 7. Unnaer Walking Day

Unna / 17.05.2009

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**Zweigel, Walburgis**

□□: LT Cappenberger See

□□: 100

□□: 15.00 km

15 km-Strecke Walking

□□□: 1:46:24

□□: 8.46 km/h

□□□□□□: 208

□□□□: 18.12

□□□□: 153 □