



# 12. TRENGADE-MTB-Marathon

Clausthal-Zellerfeld / 17.05.2009

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fennekoldt, jörg

□□: tus westerstrand

□□: 132

□□: 102.00 km

Langdistanz

□□□□:

Rennen 11, Masters männlich

□□□: 6:09:21

□□: 16.57 km/h

□□□□□/□□□: 46 (of 67)

□□□□□/□: 45 (of 65)

□□□□□□: 4:09:52

□□□□□: 21(of 27)

□□□□□□□: 4:27:34

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□□□

| □□□             | □□<br>km | □□<br>□□ | □□<br>km/h | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□<br>km | □□□<br>□□ | □□□<br>km/h | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|-----------------|----------|----------|------------|---------|---------|---------|---------|-----------|-----------|-------------|---------|---------|---------|---------|
| Rundenkontrolle | 22.00    | 1:03:01  | 20.95      | 23      | 17:57   | 51      | 20:05   | 22.00     | 1:03:01   | 20.95       | 4       | 8:20    | 26      | 7:12    |
| Rundenkontrolle | 34.00    | 1:56:23  | 17.53      | 23      | 28:50   | 51      | 34:14   | 56.00     | 2:59:24   | 18.73       | 4       | 22:04   | 26      | 12:11   |
| Rundenkontrolle | 34.00    | 2:08:53  | 15.83      | 21      | 36:47   | 45      | 2:08:04 | 90.00     | 5:08:17   | 17.52       | 4       | 30:19   | 21      | 22:54   |
| □□              | 12.00    | 1:01:04  | 11.79      | 23      | 18:13   | 52      | 21:37   | 102.00    | 6:09:21   | 16.57       | 25      | 2:30:39 | 61      | 4:02:10 |