



10. Harzer MTB-Event
Altenau (Oberharz) / 24.05.2009

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Erbse, Frank

□□□: 3:09:40

□□: MBC Hannover/Team Focus

□□: 22.14 km/h

□□: 233

□□: 70.00 km

□□□□□/□□□: 6 (of 192)

Marathon Mitteldistanz

□□□□□/□: 6 (of 179)

□□□□□□: 2:58:59

□□□□:

□□□□□: 4(of 108)

Herren Fun

□□□□□□□: 2:58:59

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
□□ 1	12.40	40:48	17.65	13	3:46	17	3:46	12.40	40:48	17.65	12		20	
□□ 2	14.00	42:47	19.63	5	3:42	7	3:42	26.40	1:23:35	18.66	13		21	
□□ 3	21.00	51:07	24.65	9	51:02	12	51:02	47.40	2:14:42	20.94	68		6	10:11
□□ 4	14.00	43:37	19.26	4	0:28	5	0:40	61.40	2:58:19	20.53	68		6	10:17
□□□ Ziel	8.60	11:21	42.29	5	0:28	7	0:28	70.00	3:09:40	22.14	16	1:31:33	28	1:31:33