



10. Harzer MTB-Event
Altenau (Oberharz) / 24.05.2009

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Lorenz, Jan-Helge

□□: Bad Salzdetfurth Racing
□□: 336

□□: 70.00 km
Marathon Mitteldistanz

□□□□:
Herren Fun

□□□: 3:11:53

□□: 21.89 km/h

□□□□□/□□□: 9 (of 192)

□□□□□/□: 9 (of 179)

□□□□□□: 2:58:59

□□□□□: 6(of 108)

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
□□ 1	12.40	40:00	18.00	7	2:58	10	2:58	12.40	40:00	18.00	14	-	23	
□□ 2	14.00	43:39	19.24	8	4:34	10	4:34	26.40	1:23:39	18.65	15	-	24	
□□ 3	21.00	51:00	24.71	8	50:55	10	50:55	47.40	2:14:39	20.94	66	-	9	10:08
□□ 4	14.00	45:18	18.54	7	2:09	10	2:21	61.40	2:59:57	20.34	66	-	9	11:55
□□□ Ziel	8.60	11:56	40.22	11	1:03	17	1:03	70.00	3:11:53	21.89	18	1:33:46	31	1:33:46