



10. Harzer MTB-Event  
Altenau (Oberharz) / 24.05.2009

□□□□

Heinrichs, Sebastian

□□□: 3:29:08

□□: HRC Wernigerode

□□: 20.08 km/h

□□: 248

□□: 70.00 km

□□□□□/□□□: 24 (of 192)

Marathon Mitteldistanz

□□□□□/□: 24 (of 179)

□□□□□□: 2:58:59

□□□□:

□□□□□: 18(of 108)

Herren Fun

□□□□□□□: 2:58:59

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
□□ 1	12.40	41:33	17.91	17	4:31	22	4:31	12.40	41:33	17.91	26	-	38	
□□ 2	14.00	41:56	20.03	4	2:51	4	2:51	26.40	1:23:29	18.97	28	-	40	
□□ 3	21.00	51:38	24.40	10	51:33	13	51:33	47.40	2:15:07	21.05	53	-	25	10:36
□□ 4	14.00	58:50	14.28	47	15:41	69	15:53	61.40	3:13:57	18.99	53	-	25	25:55
□□□ Ziel	8.60	15:11	33.98	83	4:18	132	4:18	70.00	3:29:08	20.08	31	1:51:01	47	1:51:01