



10. Harzer MTB-Event
Altenau (Oberharz) / 24.05.2009

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Seiffert, Marc

□□: Clausthal-Zellerfeld
□□: 226

□□: 70.00 km
Marathon Mitteldistanz

□□□□:
Herren Fun

□□□: 3:31:49

□□: 19.83 km/h

□□□□□/□□□: 29 (of 192)

□□□□□/□: 29 (of 179)

□□□□□□: 2:58:59

□□□□□: 22(of 108)

□□□□□□□: 2:58:59

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
□□ 1	12.40	46:57	15.34	35	9:55	50	9:55	12.40	46:57	15.34	30	1:56	43	1:56
□□ 2	14.00	48:04	17.48	23	8:59	30	8:59	26.40	1:35:01	16.42	32		45	
□□ 3	21.00	54:02	23.32	18	53:57	24	53:57	47.40	2:29:03	18.92	49		30	24:32
□□ 4	14.00	50:52	16.51	18	7:43	26	7:55	61.40	3:19:55	18.31	49		30	31:53
□□□ Ziel	8.60	11:54	40.34	10	1:01	16	1:01	70.00	3:31:49	19.83	35	1:53:42	52	1:53:42