



10. Harzer MTB-Event
Altenau (Oberharz) / 24.05.2009

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Pohl, Daniel

□□: Detmold
□□: 350

□□: 70.00 km
Marathon Mitteldistanz

□□□□:
Herren Fun

□□□: 3:32:02

□□: 19.81 km/h

□□□□□/□□□: 30 (of 192)

□□□□□/□: 30 (of 179)

□□□□□□: 2:58:59

□□□□□: 23(of 108)

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
□□ 1	12.40	40:10	17.93	10	3:08	14	3:08	12.40	40:10	17.93	31		44	
□□ 2	14.00	45:03	18.65	14	5:58	19	5:58	26.40	1:25:13	18.31	33		46	
□□ 3	21.00	57:23	21.96	29	57:18	38	57:18	47.40	2:22:36	19.78	60		31	18:05
□□ 4	14.00	57:16	14.67	39	14:07	58	14:19	61.40	3:19:52	18.31	60		31	31:50
□□□ Ziel	8.60	12:10	39.45	16	1:17	25	1:17	70.00	3:32:02	19.81	36	1:53:55	53	1:53:55