



10. Harzer MTB-Event
Altenau (Oberharz) / 24.05.2009

□□□□

Ludwigs, Jens

□□□: 3:37:34

□□: ATB Sport

□□: 19.30 km/h

□□: 399

□□: 70.00 km

□□□□□/□□□: 36 (of 192)

Marathon Mitteldistanz

□□□□□/□: 36 (of 179)

□□□□□□: 2:58:59

□□□□:

□□□□□: 10(of 71)

Senioren Fun

□□□□□□□: 3:04:01

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
□□ 1	12.40	46:32	15.47	14	8:53	45	9:30	12.40	46:32	15.47	37		50	1:31
□□ 2	14.00	48:32	17.31	12	6:25	39	9:27	26.40	1:35:04	16.41	37		52	
□□ 3	21.00	59:17	21.25	13	9:53	49	59:12	47.40	2:34:21	18.27	40		37	29:50
□□ 4	14.00	51:04	16.45	9	8:07	28	8:07	61.40	3:25:25	17.82	40		37	37:23
□□□ Ziel	8.60	12:09	39.51	9	1:03	23	1:16	70.00	3:37:34	19.30	20	1:59:00	59	1:59:27