



10. Harzer MTB-Event

Altenau (Oberharz) / 24.05.2009

□□□□

Linstra, Cor

□□: Dobberrieders Zuidlaren
 □□: 360

□□: 70.00 km
 Marathon Mitteldistanz

□□□□:
 Senioren Fun

□□□: 3:39:24

□□: 19.14 km/h

□□□□□/□□□: 39 (of 192)

□□□□□/□: 39 (of 179)

□□□□□□: 2:58:59

□□□□□: 11(of 71)

□□□□□□□: 3:04:01

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
□□ 1	12.40	45:40	16.29	13	8:01	40	8:38	12.40	45:40	16.29	36	-	53	0:39
□□ 2	14.00	48:07	17.46	8	6:00	33	9:02	26.40	1:33:47	16.89	36	-	55	
□□ 3	21.00	57:42	21.84	12	8:18	42	57:37	47.40	2:31:29	18.77	41	-	40	26:58
□□ 4	14.00	54:27	15.43	13	11:30	41	11:30	61.40	3:25:56	17.89	41	-	40	37:54
□□□ Ziel	8.60	13:28	38.32	19	2:22	67	2:35	70.00	3:39:24	19.14	21	2:00:50	62	2:01:17