



10. Harzer MTB-Event

Altenau (Oberharz) / 24.05.2009

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Wiersma, Gert-Luuk

□□: Dobberrieders Zuidlaren
 □□: 361

□□: 70.00 km
 Marathon Mitteldistanz

□□□□:
 Senioren Fun

□□□: 3:45:34

□□: 18.62 km/h

□□□□□/□□□: 44 (of 192)

□□□□□/□: 43 (of 179)

□□□□□□: 2:58:59

□□□□□: 13(of 71)

□□□□□□□: 3:04:01

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
□□ 1	12.40	45:37	15.78	12	7:58	38	8:35	12.40	45:37	15.78	53	-	57	0:36
□□ 2	14.00	48:16	17.40	10	6:09	37	9:11	26.40	1:33:53	16.62	53	-	59	
□□ 3	21.00	57:39	21.86	11	8:15	40	57:34	47.40	2:31:32	18.61	43	-	44	27:01
□□ 4	14.00	1:00:17	13.93	25	17:20	75	17:20	61.40	3:31:49	17.28	43	-	44	43:47
□□□ Ziel	8.60	13:45	34.91	24	2:39	79	2:52	70.00	3:45:34	18.62	23	2:07:00	66	2:07:27