



10. Harzer MTB-Event  
Altenau (Oberharz) / 24.05.2009

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Lehnigk, Jörg

□□: Ratzeburger Ruderclub

□□: 255

□□: 70.00 km

Marathon Mitteldistanz

□□□□:

Herren Fun

□□□: 3:48:42

□□: 18.36 km/h

□□□□□/□□□: 48 (of 192)

□□□□□/□: 47 (of 179)

□□□□□□: 2:58:59

□□□□□: 34(of 108)

□□□□□□□: 2:58:59

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
□□ 1	12.40	44:08	16.31	23	7:06	31	7:06	12.40	44:08	16.31	42	-	61	-
□□ 2	14.00	46:31	18.06	20	7:26	26	7:26	26.40	1:30:39	17.21	44	-	63	-
□□ 3	21.00	59:33	21.16	37	59:28	50	59:28	47.40	2:30:12	18.77	71	-	48	25:41
□□ 4	14.00	1:03:41	13.19	59	20:32	89	20:44	61.40	3:33:53	17.11	71	-	48	45:51
□□□ Ziel	8.60	14:49	32.40	79	3:56	122	3:56	70.00	3:48:42	18.36	47	2:10:35	70	2:10:35