



10. Harzer MTB-Event  
Altenau (Oberharz) / 24.05.2009

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Schrage, Karsten

□□: SVEW  
□□: 358

□□: 70.00 km  
Marathon Mitteldistanz

□□□□:  
Herren Fun

□□□: 3:51:11

□□: 18.17 km/h

□□□□□/□□□: 53 (of 192)

□□□□□/□: 52 (of 179)

□□□□□□: 2:58:59

□□□□□: 37(of 108)

□□□□□□□: 2:58:59

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
□□ 1	12.40	45:42	16.28	28	8:40	41	8:40	12.40	45:42	16.28	45	0:41	66	0:41
□□ 2	14.00	52:05	16.13	42	13:00	57	13:00	26.40	1:37:47	16.20	47	1:10	68	1:10
□□ 3	21.00	1:03:32	19.83	53	1:03:27	73	1:03:27	47.40	2:41:19	17.63	80		53	36:48
□□ 4	14.00	56:18	14.92	34	13:09	52	13:21	61.40	3:37:37	16.93	80		53	49:35
□□□ Ziel	8.60	13:34	38.03	50	2:41	72	2:41	70.00	3:51:11	18.17	50	2:13:04	75	2:13:04