



# 10. Harzer MTB-Event

Altenau (Oberharz) / 24.05.2009

□□□□

**Pludra, Jens**

□□: Hannover  
 □□: 262

□□: 70.00 km  
 Marathon Mitteldistanz

□□□□:  
 Herren Fun

□□□: 4:12:07

□□: 16.66 km/h

□□□□□/□□□: 98 (of 192)

□□□□□/□: 95 (of 179)

□□□□□□: 2:58:59

□□□□□: 64(of 108)

□□□□□□□: 2:58:59

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
□□ 1	12.40	55:14	13.47	78	18:12	124	18:12	12.40	55:14	13.47	72	10:13	109	10:13
□□ 2	14.00	55:15	15.20	60	16:10	87	16:10	26.40	1:50:29	14.34	73	13:52	110	13:52
□□ 3	21.00	1:09:34	18.11	76	1:09:29	118	1:09:29	47.40	3:00:03	15.80	9	6:51	94	55:32
□□ 4	14.00	57:42	14.56	40	14:33	59	14:45	61.40	3:57:45	15.50	8	2:43	95	1:09:43
□□□ Ziel	8.60	14:22	35.92	68	3:29	104	3:29	70.00	4:12:07	16.66	77	2:34:00	118	2:34:00