



10. Harzer MTB-Event
Altenau (Oberharz) / 24.05.2009

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Ausmeier, Denny

□□: ElDorado-Nordhausen
□□: 371

□□: 70.00 km
Marathon Mitteldistanz

□□□□:
Herren Fun

□□□: 4:14:56

□□: 16.47 km/h

□□□□□/□□□: 103 (of 192)

□□□□□/□: 99 (of 179)

□□□□□□: 2:58:59

□□□□□: 67(of 108)

□□□□□□□: 2:58:59

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
□□ 1	12.40	46:53	15.36	34	9:51	49	9:51	12.40	46:53	15.36	75	1:52	113	1:52
□□ 2	14.00	54:50	15.32	58	15:45	84	15:45	26.40	1:41:43	15.34	76	5:06	114	5:06
□□ 3	21.00	1:04:22	19.58	58	1:04:17	83	1:04:17	47.40	2:46:05	16.98	6		98	41:34
□□ 4	14.00	1:12:24	11.60	86	29:15	132	29:27	61.40	3:58:29	15.35	5	3:27	99	1:10:27
□□□ Ziel	8.60	16:27	29.18	98	5:34	153	5:34	70.00	4:14:56	16.47	80	2:36:49	122	2:36:49