



10. Harzer MTB-Event
Altenau (Oberharz) / 24.05.2009

□□□□

Steinke, Nik

□□: HRV hamburg

□□: 280

□□: 70.00 km

Marathon Mitteldistanz

□□□□:

Herren Fun

□□□: 4:15:10

□□: 16.46 km/h

□□□□□/□□□: 105 (of 192)

□□□□□/□: 101 (of 179)

□□□□□□: 2:58:59

□□□□□: 69(of 108)

□□□□□□□: 2:58:59

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
□□ 1	12.40	53:14	13.53	68	16:12	105	16:12	12.40	53:14	13.53	77	8:13	115	8:13
□□ 2	14.00	56:11	14.95	64	17:06	96	17:06	26.40	1:49:25	14.26	78	12:48	116	12:48
□□ 3	21.00	1:06:58	18.82	66	1:06:53	101	1:06:53	47.40	2:56:23	15.99	4	3:11	100	51:52
□□ 4	14.00	1:04:06	13.10	62	20:57	95	21:09	61.40	4:00:29	15.22	3	5:27	101	1:12:27
□□□ Ziel	8.60	14:41	32.69	76	3:48	117	3:48	70.00	4:15:10	16.46	82	2:37:03	124	2:37:03