



# 10. Harzer MTB-Event

Altenau (Oberharz) / 24.05.2009

□□□□

Gerlach, Ralph

□□□: 4:30:33

□□: Ingeleben

□□: 15.52 km/h

□□: 300

□□: 70.00 km

□□□□□/□□□: 130 (of 192)

Marathon Mitteldistanz

□□□□□/□: 121 (of 179)

□□□□□□: 2:58:59

□□□□:

□□□□□: 43(of 71)

Senioren Fun

□□□□□□□: 3:04:01

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
□□ 1	12.40	53:03	13.57	36	15:24	103	16:01	12.40	53:03	13.57	3	-	135	8:02
□□ 2	14.00	59:06	14.21	42	16:59	122	20:01	26.40	1:52:09	13.91	3	-	136	15:32
□□ 3	21.00	1:11:30	17.62	43	22:06	123	1:11:25	47.40	3:03:39	15.36	13	-	119	59:08
□□ 4	14.00	1:11:58	11.67	46	29:01	130	29:01	61.40	4:15:37	14.32	13	-	121	1:27:35
□□□ Ziel	8.60	14:56	32.14	46	3:50	125	4:03	70.00	4:30:33	15.52	53	2:51:59	145	2:52:26