



10. Harzer MTB-Event

Altenau (Oberharz) / 24.05.2009

□□□□

Sadina, Rene

□□: Berlin

□□: 315

□□: 70.00 km

Marathon Mitteldistanz

□□□□:

Senioren Fun

□□□: 4:32:43

□□: 15.40 km/h

□□□□□/□□□: 131 (of 192)

□□□□□/□: 122 (of 179)

□□□□□□: 2:58:59

□□□□□: 44(of 71)

□□□□□□□: 3:04:01

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
□□ 1	12.40	56:57	12.64	56	19:18	147	19:55	12.40	56:57	12.64	2	2:31	136	11:56
□□ 2	14.00	1:01:01	13.77	49	18:54	137	21:56	26.40	1:57:58	13.22	2	5:16	137	21:21
□□ 3	21.00	1:09:30	18.13	42	20:06	116	1:09:25	47.40	3:07:28	15.04	14		120	1:02:57
□□ 4	14.00	1:09:58	12.01	42	27:01	123	27:01	61.40	4:17:26	14.22	14		122	1:29:24
□□□ Ziel	8.60	15:17	31.41	50	4:11	133	4:24	70.00	4:32:43	15.40	54	2:54:09	146	2:54:36