



10. Harzer MTB-Event  
Altenau (Oberharz) / 24.05.2009

□□□□

Kupke, Steffen

□□□: 4:40:13

□□: MTB Team Harzblut Goslar

□□: 14.99 km/h

□□: 214

□□: 70.00 km

□□□□□/□□□: 138 (of 192)

Marathon Mitteldistanz

□□□□□/□: 129 (of 179)

□□□□□□: 2:58:59

□□□□:

□□□□□: 45(of 71)

Senioren Fun

□□□□□□□: 3:04:01

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
□□ 1	12.40	58:25	12.33	58	20:46	153	21:23	12.40	58:25	12.33	10	3:59	143	13:24
□□ 2	14.00	1:04:03	13.11	55	21:56	147	24:58	26.40	2:02:28	12.74	10	9:46	144	25:51
□□ 3	21.00	1:12:11	17.46	46	22:47	127	1:12:06	47.40	3:14:39	14.49	15		127	1:10:08
□□ 4	14.00	1:10:44	11.88	44	27:47	126	27:47	61.40	4:25:23	13.79	15		129	1:37:21
□□□ Ziel	8.60	14:50	32.36	44	3:44	123	3:57	70.00	4:40:13	14.99	55	3:01:39	153	3:02:06