



10. Harzer MTB-Event  
Altenau (Oberharz) / 24.05.2009

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Braumann, Jürgen

□□□: 4:43:51

□□: Trias Hildesheim

□□: 14.80 km/h

□□: 295

□□: 70.00 km

□□□□□/□□□: 143 (of 192)

Marathon Mitteldistanz

□□□□□/□: 134 (of 179)

□□□□□□: 2:58:59

□□□□:

□□□□□: 48(of 71)

Senioren Fun

□□□□□□□: 3:04:01

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
□□ 1	12.40	53:20	13.95	39	15:41	107	16:18	12.40	53:20	13.95	32		148	8:19
□□ 2	14.00	1:27:21	9.62	67	45:14	169	48:16	26.40	2:20:41	11.26	32	27:59	149	44:04
□□ 3	21.00	1:06:17	19.01	32	16:53	93	1:06:12	47.40	3:26:58	13.74	18	12:10	132	1:22:27
□□ 4	14.00	1:03:23	13.25	30	20:26	86	20:26	61.40	4:30:21	13.63	18	4:19	134	1:42:19
□□□ Ziel	8.60	13:30	38.22	20	2:24	69	2:37	70.00	4:43:51	14.80	58	3:05:17	158	3:05:44