



10. Harzer MTB-Event
Altenau (Oberharz) / 24.05.2009

□□□□

Hinners, Rolf

□□□: 4:46:19

□□: RSV Bruchhausen-Vilsen

□□: 14.67 km/h

□□: 201

□□: 70.00 km

□□□□□/□□□: 146 (of 192)

Marathon Mitteldistanz

□□□□□/□: 137 (of 179)

□□□□□□: 2:58:59

□□□□:

□□□□□: 50(of 71)

Senioren Fun

□□□□□□□: 3:04:01

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□□□

| □□□ | □□ km | □□ □□ | □□ km/h | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □ | □□ □ |
|----------|----------|----------|------------|---------|---------|---------|---------|-------|---------|-------|---------|---------|---------|---------|
| □□ 1 | 12.40 | 55:50 | 12.90 | 51 | 18:11 | 139 | 18:48 | 12.40 | 55:50 | 12.90 | 30 | 1:24 | 151 | 10:49 |
| □□ 2 | 14.00 | 1:02:09 | 13.52 | 50 | 20:02 | 141 | 23:04 | 26.40 | 1:57:59 | 13.22 | 30 | 5:17 | 152 | 21:22 |
| □□ 3 | 21.00 | 1:14:02 | 17.02 | 47 | 24:38 | 129 | 1:13:57 | 47.40 | 3:12:01 | 14.69 | 20 | | 135 | 1:07:30 |
| □□ 4 | 14.00 | 1:18:43 | 10.67 | 51 | 35:46 | 139 | 35:46 | 61.40 | 4:30:44 | 13.52 | 20 | 4:42 | 137 | 1:42:42 |
| □□□ Ziel | 8.60 | 15:35 | 30.80 | 52 | 4:29 | 140 | 4:42 | 70.00 | 4:46:19 | 14.67 | 60 | 3:07:45 | 161 | 3:08:12 |