



10. Harzer MTB-Event  
Altenau (Oberharz) / 24.05.2009

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Sanz, Silvia

□□□: 4:52:09

□□: Harburg

□□: 14.38 km/h

□□: 340

□□: 70.00 km

□□□□□/□□□: 150 (of 192)

Marathon Mitteldistanz

□□□□□/□: 10 (of 13)

□□□□□□: 3:39:48

□□□□:

□□□□□: 10(of 13)

Frauen Fun

□□□□□□□: 3:39:48

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| □□□      | □□<br>km | □□<br>□□ | □□<br>km/h | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□   | □□□     | □□□   | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|----------|----------|----------|------------|---------|---------|---------|---------|-------|---------|-------|---------|---------|---------|---------|
| □□ 1     | 12.40    | 57:14    | 12.58      | 10      | 13:02   | 10      | 13:02   | 12.40 | 57:14   | 12.58 | 10      | 13:02   | 10      | 13:02   |
| □□ 2     | 14.00    | 1:04:49  | 12.96      | 9       | 15:21   | 9       | 15:21   | 26.40 | 2:02:03 | 12.78 | 10      | 28:23   | 10      | 28:23   |
| □□ 3     | 21.00    | 1:15:15  | 16.74      | 10      | 17:28   | 10      | 17:28   | 47.40 | 3:17:18 | 14.29 | 10      | 45:51   | 10      | 45:51   |
| □□ 4     | 14.00    | 1:18:23  | 10.72      | 11      | 23:51   | 11      | 23:51   | 61.40 | 4:35:41 | 13.28 | 10      | 1:09:42 | 10      | 1:09:42 |
| □□□ Ziel | 8.60     | 16:28    | 29.15      | 9       | 3:08    | 9       | 3:08    | 70.00 | 4:52:09 | 14.38 | 11      | 2:27:53 | 11      | 2:27:53 |