



10. Harzer MTB-Event  
Altenau (Oberharz) / 24.05.2009

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Rupprich, Guido

□□: Hannover  
□□: 269

□□: 70.00 km  
Marathon Mitteldistanz

□□□□:  
Herren Fun

□□□: 4:54:19

□□: 14.27 km/h

□□□□□/□□□: 153 (of 192)

□□□□□/□: 143 (of 179)

□□□□□□: 2:58:59

□□□□□: 90(of 108)

□□□□□□□: 2:58:59

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| □□□      | □□<br>km | □□<br>□□ | □□<br>km/h | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□<br>km | □□□<br>□□ | □□□<br>km/h | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|----------|----------|----------|------------|---------|---------|---------|---------|-----------|-----------|-------------|---------|---------|---------|---------|
| □□ 1     | 12.40    | 54:57    | 13.54      | 76      | 17:55   | 121     | 17:55   | 12.40     | 54:57     | 13.54       | 99      | 9:56    | 158     | 9:56    |
| □□ 2     | 14.00    | 1:03:39  | 13.20      | 92      | 24:34   | 146     | 24:34   | 26.40     | 1:58:36   | 13.36       | 100     | 21:59   | 159     | 21:59   |
| □□ 3     | 21.00    | 1:20:18  | 15.69      | 91      | 1:20:13 | 144     | 1:20:13 | 47.40     | 3:18:54   | 14.30       | 29      | 25:42   | 142     | 1:14:23 |
| □□ 4     | 14.00    | 1:18:50  | 10.66      | 89      | 35:41   | 140     | 35:53   | 61.40     | 4:37:44   | 13.26       | 29      | 42:42   | 143     | 1:49:42 |
| □□□ Ziel | 8.60     | 16:35    | 31.12      | 99      | 5:42    | 154     | 5:42    | 70.00     | 4:54:19   | 14.27       | 105     | 3:16:12 | 168     | 3:16:12 |