



10. Harzer MTB-Event
Altenau (Oberharz) / 24.05.2009

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Stappenbelt, Gerd

□□: MBC Bar End

□□: 584

□□: 105.00 km

Marathon Langdistanz

□□□□:

Senioren Fun

□□□: 5:02:59

□□: 20.79 km/h

□□□□□/□□□: 13 (of 76)

□□□□□/□: 13 (of 72)

□□□□□□: 4:20:30

□□□□□: 3(of 28)

□□□□□□□: 4:29:48

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
□□ 1	12.40	40:54	17.60	4	3:47	17	3:48	12.40	40:54	17.60	25			46
□□ 2	14.00	44:35	18.84	4	5:34	18	5:34	26.40	1:25:29	18.25	25			37
□□ 3	21.00	52:38	23.94	5	6:21	17	6:25	47.40	2:18:07	20.42	25			37
□□ 4	14.00	46:09	18.20	3	1:22	12	6:58	61.40	3:04:16	19.86	25			37
□□ 5	21.00	55:24	22.74	3	6:27	13	55:23	82.40	3:59:40	20.53	23			44
□□ 6	14.00	50:33	16.62	4	8:54	16	10:09	96.40	4:50:13	19.85	22			44
□□ Ziel	8.60	12:46	37.60	7	1:34	25	1:34	105.00	5:02:59	20.79	5	1:25:45	20	2:16:38