



10. Harzer MTB-Event
Altenau (Oberharz) / 24.05.2009

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Van Zetten, Fred

□□: MBC Midden Nederland
□□: 570

□□: 105.00 km
Marathon Langdistanz

□□□□:
Senioren Fun

□□□: 5:41:03

□□: 18.47 km/h

□□□□□/□□□: 33 (of 76)

□□□□□/□: 33 (of 72)

□□□□□□: 4:20:30

□□□□□: 12(of 28)

□□□□□□□: 4:29:48

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
□□ 1	12.40	46:28	15.49	14	9:21	37	9:22	12.40	46:28	15.49	14	4:45	13	2:21
□□ 2	14.00	50:50	16.52	14	11:49	40	11:49	26.40	1:37:18	16.03	14	5:34	14	1:13
□□ 3	21.00	59:36	21.14	14	13:19	40	13:23	47.40	2:36:54	17.97	14	7:37	14	4:27
□□ 4	14.00	53:54	15.58	13	9:07	37	14:43	61.40	3:30:48	17.36	14	0:37	14	
□□ 5	21.00	1:03:18	19.91	13	14:21	37	1:03:17	82.40	4:34:06	17.95	14	6:56	2	
□□ 6	14.00	54:26	15.43	10	12:47	27	14:02	96.40	5:28:32	17.53	1	-	3	
□□□ Ziel	8.60	12:31	38.35	5	1:19	21	1:19	105.00	5:41:03	18.47	16	2:03:49	43	2:54:42