



10. Harzer MTB-Event
Altenau (Oberharz) / 24.05.2009

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Rabsahl, Heiko

□□□: 6:50:35

□□: Tus Celle 92

□□: 15.34 km/h

□□: 533

□□: 105.00 km

□□□□□/□□□: 63 (of 76)

Marathon Langdistanz

□□□□□/□: 60 (of 72)

□□□□□□: 4:20:30

□□□□:

□□□□□: 37(of 44)

Herren Fun

□□□□□□□: 4:20:30

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
□□ 1	12.40	51:11	14.07	34	14:05	53	14:05	12.40	51:11	14.07	18	2:21	19	7:04
□□ 2	14.00	57:54	14.51	35	18:51	59	18:53	26.40	1:49:05	14.30	20	6:01	22	13:00
□□ 3	21.00	1:13:13	17.21	40	27:00	67	27:00	47.40	3:02:18	15.47	20	17:58	22	29:51
□□ 4	14.00	1:07:56	12.37	37	28:45	61	28:45	61.40	4:10:14	14.63	20	30:01	22	37:41
□□ 5	21.00	1:17:31	16.25	37	1:17:30	59	1:17:30	82.40	5:27:45	15.01	18	38:05	29	40:00
□□ 6	14.00	1:08:52	12.20	36	28:28	58	28:28	96.40	6:36:37	14.52	18	49:37	30	49:37
□□ Ziel	8.60	13:58	34.37	31	2:39	47	2:46	105.00	6:50:35	15.34	43	4:04:14	70	4:04:14