



6. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2009

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Kuhn, Ines

□□: First Fitness

□□: 74

□□: 79.00 km

Rhön Crossbike

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Crossbike weiblich

□□□: 3:43:36

□□: 21.20 km/h

□□□□: 2:50 min/km

□□□□□/□□□: 43 (of 65)

□□□□□/□: 6 (of 11)

□□□□□□: 3:07:23

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Geisa Stern	38.20	1:42:29	2:40	6	15:40	6	15:40	38.20	1:42:29	2:40	12	14:06	12	14:06
Point Alpha	1.70	11:42	6:52	5	2:21	5	2:21	39.90	1:54:11	2:51	12	16:27	12	16:27
Vacha/ Werrabrü	18.30	52:55	2:53	6	9:50	6	9:50	58.20	2:47:06	2:52	12	26:05	12	26:05
Dorndorf/Kirsting	3.70	9:52	2:39	6	1:48	6	1:48	61.90	2:56:58	2:51	12	27:53	12	27:53
□□	17.10	46:38	2:43	6	8:20	6	8:20	79.00	3:43:36	2:49	6	36:13	6	36:13