



# 6. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2009

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Malzahn, Henrik

□□□: 3:41:09

□□: First Fitness

□□: 21.43 km/h

□□: 84

□□□□: 2:48 min/km

□□: 79.00 km

□□□□□/□□□: 39 (of 65)

Rhön Crossbike

□□□□□/□: 34 (of 54)

□□□□:

□□□□□: 34(of 54)

Crossbike männlich

□□□□□□: 2:28:45

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Geisa Stern	38.20	1:39:52	2:36	34	31:51	34	31:51	38.20	1:39:52	2:36	54	1:50	54	1:50
Point Alpha	1.70	12:55	7:35	43	6:21	43	6:21	39.90	1:52:47	2:49	54	2:26	54	2:26
Vacha/ Werrabrü	18.30	51:08	2:47	30	17:08	30	17:08	58.20	2:43:55	2:48	54	0:30	54	0:30
Dorndorf/Kirsting	3.70	9:57	2:41	36	3:10	36	3:10	61.90	2:53:52	2:48	54	0:11	54	0:11
□□	17.10	47:17	2:45	30	14:42	30	14:42	79.00	3:41:09	2:47	34	1:12:24	34	1:12:24