



6. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2009

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Malzahn, Christina

□□□: 4:18:39

□□: First Fitness

□□: 18.33 km/h

□□: 58

□□□□: 3:16 min/km

□□: 79.00 km

□□□□□/□□□: 59 (of 65)

Rhön Crossbike

□□□□□/□: 9 (of 11)

□□□□□□: 3:07:23

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□□□□□: 9(of 11)

Crossbike weiblich

□□□□□□□: 3:07:23

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Geisa Stern	38.20	1:55:24	3:01	7	28:35	7	28:35	38.20	1:55:24	3:01	12	27:01	12	27:01
Point Alpha	1.70	15:25	9:04	10	6:04	10	6:04	39.90	2:10:49	3:16	12	33:05	12	33:05
Vacha/ Werrabrü	18.30	58:38	3:12	8	15:33	8	15:33	58.20	3:09:27	3:15	12	48:26	12	48:26
Dorndorf/Kirsting	3.70	12:11	3:17	10	4:07	10	4:07	61.90	3:21:38	3:15	12	52:33	12	52:33
□□	17.10	57:01	3:20	9	18:43	9	18:43	79.00	4:18:39	3:16	9	1:11:16	9	1:11:16