



# 6. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2009

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Reik Morgenweck, Frank Puff

□□□: 2:31:53

□□: Bock engineering 2

□□: 16.59 km/h

□□: 38

□□□□: 3:36 min/km

□□: 42.20 km

□□□□□/□□□: 2 (of 20)

Town&Country Run&Bike

□□□□□/□□□: 2 (of 20)

□□□□□□: 2:31:48

□□□□:

□□□□□: 2(of 16)

Duo Männer

□□□□□□□: 2:31:48

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□□□

| □□□   | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□□ | □□<br>□□ | □□□   | □□□<br>km | □□□<br>□□ | □□□<br>min/km | □□<br>- | □□<br>- | □□<br>□□ | □□<br>□□ |
|-------|----------|----------|--------------|---------|---------|----------|----------|-------|-----------|-----------|---------------|---------|---------|----------|----------|
| Wutha | 14.60    | 55:11    | 3:46         | 1       | -       | 1        | -        | 14.60 | 55:11     | 3:46      | 1             | -       | 11      |          |          |
| □□    | 27.60    | 1:36:42  | 3:30         | 3       | 5:58    | 3        | 5:58     | 42.20 | 2:31:53   | 3:35      | 2             | 0:05    | 2       | 0:05     |          |