



6. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2009

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Lange, Karsten

□□: Run&Bike Club Schmalkalden e.V.

□□: 100

□□: 79.00 km

Rhön Crossbike

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Crossbike männlich

□□□: 2:28:45

□□: 31.87 km/h

□□□□: 1:53 min/km

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Geisa Stern	38.20	1:08:01	1:46	1	-	1	-	38.20	1:08:01	1:46	54	-	54	
Point Alpha	1.70	6:34	3:51	1	-	1	-	39.90	1:14:35	1:52	54	-	54	
Vacha/ Werrabrü	18.30	34:48	1:54	3	0:48	3	0:48	58.20	1:49:23	1:52	54	-	54	
Dorndorf/Kirsting	3.70	6:47	1:49	1	-	1	-	61.90	1:56:10	1:52	54	-	54	
□□	17.10	32:35	1:54	1	-	1	-	79.00	2:28:45	1:52	1	-	1	-