



# 6. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2009

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Roman Staufenbiel, Jörg Staufenbiel □□□: 2:36:04

□□: SV Diedorf 1921 e. V.

□□: 45

□□: 42.20 km

Town&Country Run&Bike

□□□□:

Duo Männer

□□: 16.15 km/h

□□□□: 3:42 min/km

□□□□□/□□□: 3 (of 20)

□□□□□/□□□: 3 (of 20)

□□□□□□: 2:31:48

□□□□□: 3(of 16)

□□□□□□□: 2:31:48

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|-------|-------|---------|--------|----|-------|-----|-------|-------|---------|--------|----|-------|-----|------|
|       | km    | □□      | min/km | -  | -     | □□□ | □□□   | km    | □□      | min/km | -  | -     | □□□ | □□□  |
| Wutha | 14.60 | 1:05:20 | 4:28   | 7  | 10:09 | 9   | 10:09 | 14.60 | 1:05:20 | 4:28   | 3  | 10:09 | 19  | 8:43 |
| □□    | 27.60 | 1:30:44 | 3:17   | 1  | -     | 1   | -     | 42.20 | 2:36:04 | 3:41   | 3  | 4:16  | 3   | 4:16 |