



1. Bad Harzburger Bike Marathon

Bad Harzburg / 07.06.2009

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Arendt, Roland

□□□: 5:28:56

□□: RSV 1923 Braunschweig

□□: 15.50 km/h

□□: 522

□□: 85.00 km

□□□□□/□□□: 20 (of 40)

Hauptrennen Harzer MTB-Cup - 5 Runden

□□□□□/□: 20 (of 38)

□□□□□□: 4:11:26

□□□□:

□□□□□: 13(of 23)

Herren

□□□□□□□: 4:11:26

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
□□ 1	11.60	39:44	16.61	8	6:34	13	6:34	11.60	39:44	16.61	8	0:41	10	
□□ 2	17.00	1:01:04	16.70	11	12:20	20	12:20	28.60	1:40:48	16.67	8	3:06	10	
□□ 3	17.00	1:06:47	15.27	15	16:33	23	16:33	45.60	2:47:35	16.11	8	8:08	3	
□□ 4	17.00	1:11:11	14.33	13	18:59	21	18:59	62.60	3:58:46	15.58	8	1:29	11	0:51
□□ 5	17.00	1:13:34	13.86	13	21:01	21	21:01	79.60	5:12:20	15.18	7	5:52	10	5:52
□□□ Ziel	5.40	16:36	18.07	8	2:03	11	2:03	85.00	5:28:56	15.50	17	2:37:33	29	4:15:20