



5. LSF-Walking Day  
Münster / 20.06.2009

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Wall, Hans

□□: Koronarsportverein Distel-Walker

□□: 211

□□: 10.00 km

10 km Nordic Walking

□□□: 1:19:10

□□: 7.58 km/h

□□□□□□: 69

□□□□: 11.04

□□□□: 84 □