



5. LSF-Walking Day
Münster / 20.06.2009

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Tschirner, Frank

□□: Koronarsportverein Distel-Walker

□□: 108

□□: 10.00 km

10 km Walking

□□□: 1:11:06

□□: 8.44 km/h

□□□□□□: 69

□□□□: 11.04

□□□□: 93 □