



XXIII. Ohra-Talsperrenlauf-Nordic Walking

Luisenthal / 26.07.2009

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Töpfer, Martin

□□□: 2:49:45

□□: Ort: Kiliansroda

□□: 7.42 km/h

□□: 102

□□: 21.06 km

□□□□□□: 794

□□□□: 32.91

Walking/Nordic-Walking

□□□□: 245 □

□□□□

□□□	km □□□	km □□	□□	□□□ □□	□□ □□
□□	0	0	09:29	00:00	00:00
Finsterbacher Pirschhaus	5.1	5.1	10:10	00:41	00:41
Talsperre	12.3	7.3	11:04	01:35	00:53
Finsterbacher Pirschhaus	15.8	3.5	11:35	02:06	00:30
□□	21.1	5.3	12:19	02:49	00:43