



# XXIII. Ohra-Talsperrenlauf-Nordic Walking

Luisenthal / 26.07.2009

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**Bosse, Holger**

□□□: 3:15:38

□□: Nordic Walking Club e.V. Gotha

□□: 6.44 km/h

□□: 154

□□□□□□: 794

□□: 21.06 km

□□□□: 32.91

Walking/Nordic-Walking

□□□□: 213 □

□□□□

□□□	km □□□	km □□	□□	□□□ □□	□□ □□
□□	0	0	09:29	00:00	00:00
Finsterbacher Pirschhaus	5.1	5.1	10:18	00:48	00:48
Talsperre	12.3	7.3	11:21	01:52	01:03
Finsterbacher Pirschhaus	15.8	3.5	11:55	02:26	00:33
□□	21.1	5.3	12:44	03:15	00:49