



XXIII. Ohra-Talsperrenlauf-Nordic Walking

Luisenthal / 26.07.2009

□□□□

Böhmer, Martin

□□□: 4:08:28

□□: Nordic Walking Team Luisenthal

□□: - km/h

□□: 158

□□□□□□: 794

□□□□: 11.91

Enduro Long Men

□□□□: 168 □

□□□□

| □□□ | km □□□ | km □□ | □□ | □□□ □□ | □□ □□ |
|--------------------------|--------|-------|-------|--------|-------|
| □□ | 0 | 0 | 09:29 | 00:00 | 00:00 |
| Finsterbacher Pirschhaus | 5.1 | 5.1 | 10:28 | 00:59 | 00:59 |
| Talsperre | 12.3 | 7.3 | 11:52 | 02:23 | 01:23 |
| Finsterbacher Pirschhaus | 15.8 | 3.5 | 12:39 | 03:10 | 00:47 |
| □□ | 0.0 | 5.3 | 13:37 | 04:08 | 00:58 |