



MTB-Cup Marathon Braunlage 2009

Braunlage / 08.08.2009

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Ostrowski, Thorsten

□□□: 4:25:04

□□: RSV Adler Goslar

□□: 21.50 km/h

□□: 114

□□: 95.00 km

□□□□□/□□□: 14 (of 34)

Marathon-Tour lang

□□□□□/□: 14 (of 34)

□□□□□□: 3:36:27

□□□□:

□□□□□: 8(of 34)

Männer

□□□□□□□: 3:36:27

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
□□ 1	11.29	39:31	17.14	13	5:39	13	5:39	11.29	39:31	17.14	3	-	3	-
□□ 2	19.00	49:15	23.15	13	10:33	13	10:33	30.29	1:28:46	20.47	3	-	3	-
□□ 3	19.00	51:55	21.96	13	9:18	13	9:18	49.29	2:20:41	21.02	3	-	3	-
□□ 4	19.00	56:11	20.29	19	12:39	19	12:39	68.29	3:16:52	20.81	1	-	1	-
□□ 5	19.00	59:36	19.13	20	14:23	20	14:23	87.29	4:16:28	20.42	14	39:30	14	39:30
□□□ Ziel	7.71	8:36	53.79	9	0:21	9	0:21	95.00	4:25:04	21.50	20	1:09:20	20	1:09:20