

24. stz-Werrataltriathlon

Naherholungszentrum Immelborn / 09.08.2009



Apelt, Robby

□□□: 2:14:55

□□: Triathlon Barchfeld

□□: 117

□□: 52.10 km

stz-Werratal-Triathlon 1,5-40-10

_____: 22 (of 85)

TM 45, Senioren 2

	km		km/h	-	-			km		km/h	-	-		
Schwimmen	1.50	21:46	2.76	4	5:06	37	7:24	1.50	21:46	2.76	3	5:06	72	
Rad	42.00	1:08:18	36.90	1	-	12	9:28	43.50	1:30:04	28.65	3	3:57	71	
Lauf	9.60	44:51	12.04	3	1:42	24	8:47	52.10	2:14:55	23.13	3	5:19	22	23:43