



10. MTB Marathon "Rund um Zierenberg"

Zierenberg / 30.08.2009

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Westermann, Volker

□□□: 2:34:55

□□: LAG Wesertal

□□: 20.53 km/h

□□: 475

□□: 53.00 km

□□□□□/□□□: 116 (of 443)

Halbmarathon

□□□□□/□: 113 (of 421)

□□□□□□: 1:53:57

□□□□:

□□□□□: 3(of 19)

Senioren 3

□□□□□□□: 2:20:01