



# 10. MTB Marathon "Rund um Zierenberg"

Zierenberg / 30.08.2009

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Kramm, Gerhard

□□□: 2:43:24

□□: Vellmar

□□: 19.46 km/h

□□: 432

□□: 53.00 km

□□□□□/□□□: 169 (of 443)

Halbmarathon

□□□□□/□: 165 (of 421)

□□□□□□: 1:53:57

□□□□:

□□□□□: 6(of 19)

Senioren 3

□□□□□□□: 2:20:01