



10. MTB Marathon "Rund um Zierenberg"

Zierenberg / 30.08.2009

□□□□

van Ark, Thomas

□□□: 2:50:26

□□: Team MBC Bar-End

□□: 18.66 km/h

□□: 378

□□: 53.00 km

□□□□□/□□□: 211 (of 443)

Halbmarathon

□□□□□/□: 203 (of 421)

□□□□□□: 1:53:57

□□□□:

□□□□□: 5(of 15)

Junioren

□□□□□□□: 2:23:02