



10. MTB Marathon "Rund um Zierenberg"

Zierenberg / 30.08.2009

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Beuster, Udo

□□□: 3:07:53

□□: TSV Heiligenrode

□□: 16.93 km/h

□□: 430

□□: 53.00 km

□□□□□/□□□: 311 (of 443)

Halbmarathon

□□□□□/□: 297 (of 421)

□□□□□□: 1:53:57

□□□□:

□□□□□: 116(of 184)

Senioren 2

□□□□□□□: 2:06:29