



10. MTB Marathon "Rund um Zierenberg"

Zierenberg / 30.08.2009

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Volkman, Harald

□□□: 3:23:07

□□: Team vier

□□: 15.66 km/h

□□: 269

□□: 53.00 km

□□□□□/□□□: 383 (of 443)

Halbmarathon

□□□□□/□: 367 (of 421)

□□□□□□: 1:53:57

□□□□:

□□□□□: 154(of 184)

Senioren 2

□□□□□□□: 2:06:29