



# 10. MTB Marathon "Rund um Zierenberg"

Zierenberg / 30.08.2009

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Schäfer, Ralf

□□□: 3:47:14

□□: SG-Stern Kassel

□□: 13.99 km/h

□□: 149

□□: 53.00 km

□□□□□/□□□: 425 (of 443)

Halbmarathon

□□□□□/□: 405 (of 421)

□□□□□□: 1:53:57

□□□□:

□□□□□: 172(of 184)

Senioren 2

□□□□□□□: 2:06:29