



4. Warburger Nordic Walking Tag

Warburg / 05.09.2009

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Olk, Hartmut

□□□: 2:20:08

□□: Koronarsportverein Distel-Walker

□□: 8.14 km/h

□□: 1158

□□: 19.50 km

□□□□□□: 100

□□□□: 20.50

Nordic Walking 20 km

□□□□: 175 □