



4. Warburger Nordic Walking Tag

Warburg / 05.09.2009

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Beier, Rudolf

□□□: 2:33:24

□□: Koronarsportverein Distel-Walker

□□: 7.43 km/h

□□: 1160

□□□□□□: 100

□□: 19.50 km

□□□□: 20.50

Nordic Walking 20 km

□□□□: 160 □