



# 4. Warburger Nordic Walking Tag

Warburg / 05.09.2009

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**Weygardt, Martina**

□□□: 38:54

□□: Hohe Ward Gazellen/TuS-Hiltrup

□□: 6.94 km/h

□□: 490

□□□□□□: 35

□□: 4.50 km

□□□□: 4.53

Nordic Walking 5 km

□□□□: 35 □